

THE EVOLUTION OF EMPLOYEE HEALTH SOLUTIONS

Proactive solutions created to keep your employees mind and body work-fit:

A growing body of evidence suggests that employers can reduce costs by investing in the health and well-being of their employees. This includes both the direct costs of providing healthcare and indirect costs, such as absenteeism and reduced productivity.

Do I know what my workplace risk exposures are that could affect the health and wellness of my employees? Am I monitoring the health and wellness of my employees with regards to wellbeing, fitness to work, effects of exposure to workplace risks? If these are your questions then Life Employee Health Solutions is your answer.

Global research and case studies lend support to the case for introducing or expanding general and financial wellness initiatives, as does local evidence of continually increasing healthcare costs. However, in our experience the success of such initiatives frequently depends on five factors:

- The organisation's objectives
- Whether there is a strategic and integrated approach to employee health and wellness
- The quality of analysis performed to identify and prioritise issues and interventions
- The effectiveness of implementation of programs
- Whether there is appropriate measurement and monitoring of outcomes, and regular review of the effectiveness of interventions

We believe and ensure that value is added through investments in employee health and wellness:

- Only 10% of employers measure ROI on their wellness programs and of those, the vast majority (80%) have found positive returns.
- 96.41% satisfaction rate where employees indicated that the Life EHS programmes meet and exceeded their expectation.
- The health and wellness of your employees is our core focus

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Life Healthcare



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